



JFK FRIENDSHIP CENTER

# Activities Program

September 2019

Dear Members,  
liebe Mitglieder,

Welcome back to our "old" members and welcome to the Club to those of you who have just joined us!

We are looking forward to sharing an interesting year of events and classes with you. Find out just how much is in store by attending the **Info Fair on Wednesday, September 4**, from 19:00 to 20:30 in the JFKS Aula.

This will be your first chance to get information about the club, meet the course teachers, and register for our classes.



## **Robotics classes for kids - the exciting world of robots and coding**

With the beginning of the new school year, a few places are available in the Robotics classes offered by Smart Kids Academy at JFKS. Based on LEGO Mindstorms robot kits, the classes are designed for children in 2<sup>nd</sup> to 6<sup>th</sup> grade. They promote computational thinking, as well as creative problem solving and teamworking skills. But most importantly: It is great fun to tinker with the LEGO parts, motors and sensors to find solutions to small challenges in the world of robots! More infos on page 3.

## **Positive Discipline Parent Workshops at JFKS**

Discover how to effectively and respectfully guide your child to become more responsible, co-operative and empowered in the long term. In fun, experiential based workshops you'll have the opportunity to share specific challenges you are experiencing and explore lasting solutions. Leave encouraged, energized and equipped with the tools to handle even the difficult parenting challenges. Next four week series of morning workshops starts at JFKS on September 11th. Second module starts Oct 24th. More information at [www.parentingtools.de](http://www.parentingtools.de)

Bitte beachten Sie, dass die Teilnahme an Kursen ausschließlich Mitgliedern des JFK Friendship Centers vorbehalten ist.

Only members of the JFK Friendship Center can join our courses.

**The John F. Kennedy Friendship Center e.V.**  
**Diverse, dynamic, distinct. Be a part of our unique community!**

Tel.: 818 40 00, Fax 804 96 273

E-mail: [info@jfkfc.org](mailto:info@jfkfc.org)

[www.jfkfc.org](http://www.jfkfc.org)

## Language Classes – Sprachunterricht

### German for Foreigners

Fun course program for beginners and intermediate with a native speaker. Call or mail Marika Nehls 0176-80 19 71 05 or [marikanehls@yahoo.de](mailto:marikanehls@yahoo.de)



## Dance – Tanz

### Ballet Classes

From Entrance class and up on Friday afternoons. Please contact Maggie Towe at (030) 55 12 86 40 or [tanz-zehlendorf@hotmail.com](mailto:tanz-zehlendorf@hotmail.com) [www.tanz-zehlendorf.com](http://www.tanz-zehlendorf.com)

### Line Dance

Come and join Michaela's line dance classes. It is a fun way to meet new people, learn choreographies and stay in shape. Line dance is usually practiced on modern country and western music, but also on today's pop music. Its steps are simple and don't involve dancing with a partner, so line dancing is also ideal for singles and non-dancers. Get your heels clicking and join the fun! Registration and info at [michaelaslinedance@gmail.com](mailto:michaelaslinedance@gmail.com) or [www.michaelas-linedance.de](http://www.michaelas-linedance.de)

### Scottish Country Dancing

We do the traditional ceilidh and ball dances, the reels, jigs and strathspeys. Everyone is welcome. Bring soft shoes. Fridays 20:00-21:45 in the old gym of the Droste-Hülshoff-Schule, Schönower Str. 12. Call Angelika McLarren at 79 70 65 23 or mail to [scdsberlin@gmail.com](mailto:scdsberlin@gmail.com). [www.scds-berlin.de](http://www.scds-berlin.de)



## Body and Health – Körper und Gesundheit

### Yoga for Kids

Through fun-filled yoga poses, movement and breathing exercises, children will gain self-confidence, increased flexibility and body awareness. We will play games that encourage coordination, balance and strength. Yoga for kids will create good habits and a foundation for well-being, essential in today's hectic environment. Call Athanasia Tsavalas at 0176-57 41 22 33 or e-mail [athanabanana@gmail.com](mailto:athanabanana@gmail.com)

### Yoga for Teens

A super fun Yoga class just for teens, focusing on happy minds, bodies, and attitudes. Yoga helps promote flexibility, strength and coordination while incorporating healthy activity into daily life. Come by for a trial lesson! For more details contact Athanasia Tsavalas at 0176-57 41 22 33 or e-mail [athanabanana@gmail.com](mailto:athanabanana@gmail.com)

## Yoga for Adults

Improve your overall well-being, increase energy flow, strength and happiness, calm your mind, bring your awareness inward and find your breath with Sunrise Vinyasa Yoga Tuesdays, Wednesdays and Fridays at 8:30am in English at the Von-Luck Kita gym with Melissa Cattarius, certified Yoga instructor, [melsgc@googlemail.com](mailto:melsgc@googlemail.com)



## Fitness

Join us for exercises in balance, strength training and flexibility! Thursday evening at Von-Luck-Straße Gym. Contact Trainer: Sonia Weese at 0179-397 49 73 or email: [weese@buero-kult.de](mailto:weese@buero-kult.de)

## Special Activities

**Robotics for kids** - the exciting world of robots and coding. Robotics classes offered by Smart Kids Academy at JFKS. Based on LEGO Mindstorms robot kits, the classes promote computational thinking together with creative problem solving and teamworking skills. But most importantly: It is great fun to tinker with the LEGO parts, motors and sensors to find solutions to small challenges in the world of robots! The classes take place on Tuesdays (JFKS Hort, 2.30 pm and 3.45 pm) and Wednesdays (Main school building, 2.15 pm and 3.30 pm). The ongoing format of the classes allows children to join anytime. For more information or registration please contact Dr. Alexander Graf ([alex@smak-academy.de](mailto:alex@smak-academy.de)) or refer to [www.smak-academy.de](http://www.smak-academy.de).



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## Special Needs - Lernförderung

**Bilingual Speech and Language Therapist / Zweisprachige Logopädin** offers assessment and therapy for German and English speaking children. If your child is experiencing speech or language difficul-

ties of any kind, e.g. with articulation, language and communication, resonance or fluency, contact [tanyalucas@web.de](mailto:tanyalucas@web.de) or 0177-421 28 98. More info at [www.speechandlanguage.de](http://www.speechandlanguage.de)

## Job Offers - Stellenangebote

Wir suchen Pädagogische Fachkräfte (staatl. anerkannte/r ErzieherIn oder mit Abschluss Sozialpädagogik / Pädagogik (BA/FH) bzw. der entsprechenden Gleichstellung) für 20 – 35 Std. wtl. für unsere Kitas und unseren Hort.



Weitere Informationen zu unseren Stellenausschreibungen finden Sie auch auf unserer Website unter:

<https://jfkfc.org/de/stellenangebote/>

Bewerbungen bitte per e-mail an [info@jfkfc.org](mailto:info@jfkfc.org)

Wir freuen uns auf Ihre Bewerbung!

## Donations - Spenden

Bitte denken Sie daran, dass Sie bei **online-Einkäufen** die Kitas und den Hort mittels des **Fundraisingportals Bildungsspender** - für Sie völlig kostenfrei - unterstützen können.

<https://www.bildungsspender.de/luckykids>  
<https://www.bildungsspender.de/kitaamfichtenberg>  
<https://www.bildungsspender.de/jfkhort>

Ihre amazon-Einkäufe können Sie über **smile amazon** kostenfrei zu unserem Nutzen abwickeln. Das Friendship Center ist registriert und erhält für jeden Ihrer online-Einkäufe eine Spende – sofern Sie diesen Zugang nutzen:

**JFK Friendship Center e.V., Von-Luck-Str. 24, 14129 Berlin, Tel.: 818 40 00**

Bank f. Sozialwirtschaft, IBAN DE80 10020500 0003378100, BIC BFSWDE33BER

Yearly Membership fees 2019/2020: € 45,- per family; € 35,- per single person.

Die inhaltliche Verantwortung der Kurse obliegt den jeweiligen Lehrern/Referenten und repräsentiert nicht unbedingt die Meinung des Vereins.

Teachers are responsible for the content of their courses which does not necessarily reflect the opinion of the club.