



JFK FRIENDSHIP CENTER

Activities Program

October / November 2018

Dear Members, liebe Mitglieder,

Have some Halloween fun with your little ones up to 6 years: **"Trick or Treat for Little Feet"** on Wednesday, **October 31, 16:00-17:30**, at Von-Luck-Str. 24. All members are welcome! We would greatly appreciate it if you could bring something spooky and gory for the buffet to share with all the other witches, ghosts and goblins. Weather permitting, the event will be outside.



Ebenso sind alle Mitglieder mit ihren Kindern zum jährlichen **Laternenfest** in der Kita am Fichtenberg am Freitag, **9. November, 16:00-17:30** mit ihrer Laterne zum Umzug eingeladen.



The John F. Kennedy Friendship Center e.V.
Diverse, dynamic, distinct. Be a part of our unique community!

Tel.: 818 40 00, Fax 804 96 273

E-mail: info@jfkfc.org

www.jfkfc.org

Language Classes – Sprachunterricht

German for Foreigners

Fun course program for beginners and intermediate with a native speaker. Call or mail Marika Nehls 0176-80 19 71 05 or marikanehls@yahoo.de



Dance – Tanz

Ballet Classes

from Entrance class and up on Friday afternoons.

Please contact Maggie Towe at (030) 55 12 86 40 or tanz-zehlendorf@hotmail.com
www.tanz-zehlendorf.com

Line Dance

Come and join Michaela's line dance classes. It is a fun way to meet new people, learn choreographies and stay in shape. Line dance is usually practiced on modern country and western music, but also on today's pop music. Its steps are simple and don't involve dancing with a partner, so line dancing is also ideal for singles and non-dancers. Get your heels clicking and join the fun! Registration and info at michaelaslinedance@gmail.com or www.michaelas-linedance.de

Scottish Country Dancing

We do the traditional ceilidh and ball dances, the reels, jigs and strathspeys. Everyone is welcome. Bring soft shoes. Fridays 20:00-21:45 in the old gym of the Droste-Hülshoff-Schule, Schönower Str. 12. Call Angelika McLarren at 79 70 65 23 or mail to scdsberlin@gmail.com.
www.scds-berlin.de



Body and Health – Körper und Gesundheit

Yoga for Kids

Through fun-filled yoga poses, movement and breathing exercises, children will gain self-confidence, increased flexibility and body awareness. We will play games that encourage coordination, balance and strength. Yoga for kids will create good habits and a foundation for well-being, essential in today's hectic environment. Call Athanasia Tsavalas at 0176-57 41 22 33 or e-mail athanabanana@gmail.com

Yoga for Teens

A super fun Yoga class just for teens, focusing on happy minds, bodies, and attitudes. Yoga helps promote flexibility, strength and coordination while incorporating healthy activity into daily life. Come by for a trial lesson! For more details contact Athanasia Tsavalas at 0176-57 41 22 33 or e-mail athanabanana@gmail.com

Yoga for Adults

Improve your overall well-being, increase energy flow, strength and happiness, calm your mind, bring your awareness inward and find your breath with Sunrise Vinyasa Yoga Tuesdays and Fridays at 8:30am or Soft Yoga Wednesdays at 8:30am in English at the Von-Luck Kita gym with Melissa Cattarius, certified Yoga instructor, melsgc@googlemail.com

Fitness

Join us for exercises in balance, strength training and flexibility! Thursday evening at Von-Luck-Straße Gym. Contact Trainer: Sonia Weese at 0179-397 49 73 or email: weese@buero-kult.de

Karate for Children

Come and learn new life skills in a fun and friendly environment. Karate focuses on the development of a positive mind, body and spirit. The benefits of Karate include a lifetime of success skills that help develop and increase self-esteem, confidence, concentration, character development, strength, fitness, flexibility and self-defense. Karate will also help improve relationships with teachers and peers inside and outside of the classroom. Contact Andres Lynch at andreslynch@gmail.com or 0172-905 08 82

Special Activities

Robotics

You think building and programming robots is difficult? Actually, it isn't! In the Robotics course we use the Lego Mindstorms kits to create and bring to life all kinds of robots. We are not just a class, but a team of little explorers. Together we tinker with the Lego parts, motors and sensors to find solutions to small challenges. The robotics course by Smart Kids Academy promotes computational thinking together with creative problem solving and team working skills. And most importantly: It is great fun! Please register for the courses at www.smak-academy.de or contact Dr. Alexander Graf at 01578 78 12 083 for more information.



Parenting with Positive Discipline (PD)

Ongoing PD support sessions every Thursday morning at JFKS: Parents Helping Parents (free of charge) PD Extra Class (€5 per class). www.parentingtools.de. For more details please call Fionnuala Hoffmann at 0171-525 37 56

Guided City Tours in English or German

Sightseeing for new Berliners. Berlin and its history are best experienced by foot with a trained tour guide. Marika Nehl's tours cover all the main sites and are great fun. Book your tour now. Call 0176-80 19 71 05 or e-mail marikanehls@yahoo.de

Chess

This game is optimally suited to train mental abilities such as concentration, imagination, combination and more. It is training for the brain itself. In our classes the children get the opportunity to learn the rules and make the first steps in tactical themes of chess. The children can profit from a chess teacher with many years of experience and more than 80 pupils a year. For more information contact Mr. Mönnig at 0151-28 93 78 35 or Moennig@schulschach-deutschland.de

Special Needs - Lernförderung

Bilingual Speech and Language

Therapist / Zweisprachige Logopädin

offers assessment and therapy for German and English speaking children. If your child is experiencing speech or language difficul-

ties of any kind, e.g. with articulation, language and communication, resonance or fluency, contact tanyalucas@web.de or 0177-421 28 98. More info at www.speechandlanguage.de

Job Offers - Stellenangebote

Wir suchen Pädagogische Fachkräfte

Hort (EFöB) am Teltower Damm für 20-25 Stunden wöchentlich

Kita Lucky Kids in Nikolassee für 20-35 Stunden wöchentlich

Job Offer

The JFK Friendship Center is looking for help at the Hort doing organizational work, keeping track of the children`s schedules and following up on who is where. Working hours Mo-Fr, from 14:00 – 16:30 on school days (most vacations are free).

Weitere Informationen zu unseren Stellenausschreibungen finden Sie auch auf unserer Website unter:

<https://jfkfc.org/de/stellenangebote/>

Bewerbungen bitte per e-mail an info@jfkfc.org

Wir freuen uns auf Ihre Bewerbung!

Donations - Spenden

Bitte denken Sie daran, dass Sie bei **online-Einkäufen** die Kitas und den Hort mittels des **Fundraisingportals Bildungsspender** - für Sie völlig kostenfrei - unterstützen können.

<https://www.bildungsspender.de/luckykids>

<https://www.bildungsspender.de/kitaamfichtenberg>

<https://www.bildungsspender.de/jfkhort>

Ihre amazon-Einkäufe können Sie über **smile amazon** kostenfrei zu unserem Nutzen abwickeln. Das Friendship Center ist registriert und erhält für jeden Ihrer online-Einkäufe eine Spende – sofern Sie diesen Zugang nutzen: <https://smile.amazon.de/ch/27-636-50789>

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Bank f. Sozialwirtschaft, IBAN DE80 10020500 0003378100, BIC BFSWDE33BER

Yearly Membership fees 2018/2019: € 45,- per family; € 35,- per single person.

Die inhaltliche Verantwortung der Kurse obliegt den jeweiligen Lehrern/Referenten und repräsentiert nicht unbedingt die Meinung des Vereins.

Teachers are responsible for the content of their courses which does not necessarily reflect the opinion of the club.