



JFK FRIENDSHIP CENTER

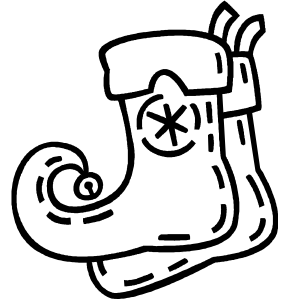
# Activities Program

December 2018 / January 2019

Dear Members,  
liebe Mitglieder,

We wish all our members and their families as well as our friends and sponsors **warm and joyous gatherings and a happy new year.**

Wir wünschen allen unseren Mitgliedern und Ihren Familien sowie allen Freunden und Förderern unseres Vereins **gesegnete Festtage und einen guten Rutsch ins neue Jahr.**



Bitte beachten Sie, dass die Teilnahme an Kursen ausschließlich Mitgliedern des JFK Friendship Centers vorbehalten ist.

Only members of the JFK Friendship Center can join our courses.



***New – Neu – New – Neu – New – Neu.***

**Group Singing Lessons for Children:** In a playful, inquisitive manner, young singers aged 8 to 12 discover the vocal potential within themselves. Whether tossing balls back and forth, practicing scales or singing American and German songs, we are always learning how to feel our bodies, listen to the sounds we are creating, and grow in joy and confidence. We meet on Mondays from 16:30 to 17:30 at the Friendship Center, Von-Luck-Straße 24. George Frederick Takis, [mail@GFTakis.de](mailto:mail@GFTakis.de), 0176 25 10 59 95.

**The John F. Kennedy Friendship Center e.V.**  
**Diverse, dynamic, distinct. Be a part of our unique community!**  
**Tel.: 818 40 00, Fax 804 96 273**

E-mail: [info@jfkfc.org](mailto:info@jfkfc.org)  
[www.jfkfc.org](http://www.jfkfc.org)

## Language Classes – Sprachunterricht

### German for Foreigners

Fun course program for beginners and intermediate with a native speaker. Call or mail Marika Nehls 0176-80 19 71 05 or [marikanehls@yahoo.de](mailto:marikanehls@yahoo.de)



## Dance – Tanz

### Ballet Classes

from Entrance class and up on Friday afternoons.

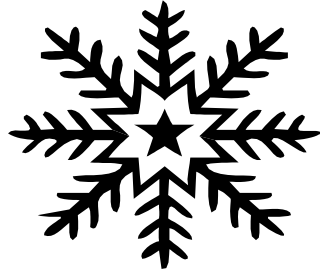
Please contact Maggie Towe at (030) 55 12 86 40 or [tanz-zehlendorf@hotmail.com](mailto:tanz-zehlendorf@hotmail.com)  
[www.tanz-zehlendorf.com](http://www.tanz-zehlendorf.com)

### Line Dance

Come and join Michaela's line dance classes. It is a fun way to meet new people, learn choreographies and stay in shape. Line dance is usually practiced on modern country and western music, but also on today's pop music. Its steps are simple and don't involve dancing with a partner, so line dancing is also ideal for singles and non-dancers. Get your heels clicking and join the fun! Registration and info at [michaelaslinedance@gmail.com](mailto:michaelaslinedance@gmail.com) or [www.michaelas-linedance.de](http://www.michaelas-linedance.de)

### Scottish Country Dancing

We do the traditional ceilidh and ball dances, the reels, jigs and strathspeys. Everyone is welcome. Bring soft shoes. Fridays 20:00-21:45 in the old gym of the Droste-Hülshoff-Schule, Schönower Str. 12. Call Angelika McLarren at 79 70 65 23 or mail to [scdsberlin@gmail.com](mailto:scdsberlin@gmail.com).  
[www.scds-berlin.de](http://www.scds-berlin.de)



## Body and Health – Körper und Gesundheit

### Yoga for Kids

Through fun-filled yoga poses, movement and breathing exercises, children will gain self-confidence, increased flexibility and body awareness. We will play games that encourage coordination, balance and strength. Yoga for kids will create good habits and a foundation for well-being, essential in today's hectic environment. Call Athanasia Tsavalas at 0176-57 41 22 33 or e-mail [athanabanana@gmail.com](mailto:athanabanana@gmail.com)

### Yoga for Teens

A super fun Yoga class just for teens, focusing on happy minds, bodies, and attitudes. Yoga helps promote flexibility, strength and coordination while incorporating healthy activity into daily life. Come by for a trial lesson! For more details contact Athanasia Tsavalas at 0176-57 41 22 33 or e-mail [athanabanana@gmail.com](mailto:athanabanana@gmail.com)

### **Yoga for Adults**

Improve your overall well-being, increase energy flow, strength and happiness, calm your mind, bring your awareness inward and find your breath with Sunrise Vinyasa Yoga Tuesdays and Fridays at 8:30am or Soft Yoga Wednesdays at 8:30am in English at the Von-Luck Kita gym with Melissa Cattarius, certified Yoga instructor, [melsqc@googlemail.com](mailto:melsqc@googlemail.com)

### **Fitness**

Join us for exercises in balance, strength training and flexibility! Thursday evening at Von-Luck-Straße Gym. Contact Trainer: Sonia Weese at 0179-397 49 73 or email: [weese@buero-kult.de](mailto:weese@buero-kult.de)

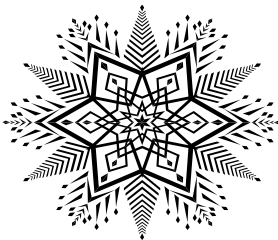
### **Karate for Children**

Come and learn new life skills in a fun and friendly environment. Karate focuses on the development of a positive mind, body and spirit. The benefits of Karate include a lifetime of success skills that help develop and increase self-esteem, confidence, concentration, character development, strength, fitness, flexibility and self-defense. Karate will also help improve relationships with teachers and peers inside and outside of the classroom. Contact Andres Lynch at [andreslynch@gmail.com](mailto:andreslynch@gmail.com) or 0172-905 08 82

## **Special Activities**

### **Robotics**

You think building and programming robots is difficult? Actually, it isn't! In the Robotics course we use the Lego Mindstorms kits to create and bring to life all kinds of robots. We are not just a class, but a team of little explorers. Together we tinker with the Lego parts, motors and sensors to find solutions to small challenges. The robotics course by Smart Kids Academy promotes computational thinking together with creative problem solving and team working skills. And most importantly: It is great fun! Please register for the courses at [www.smak-academy.de](http://www.smak-academy.de) or contact Dr. Alexander Graf at 01578 78 12 083 for more information.



### **Guided City Tours in English or German**

Sightseeing for new Berliners. Berlin and its history are best experienced by foot with a trained tour guide. Marika Nehl's tours cover all the main sites and are great fun. Book your tour now. Call 0176-80 19 71 05 or e-mail [marikanehls@yahoo.de](mailto:marikanehls@yahoo.de)

### **Chess**

This game is optimally suited to train mental abilities such as concentration, imagination, combination and more. It is training for the brain itself. In our classes the children get the opportunity to learn the rules and make the first steps in tactical themes of chess. The children can profit from a chess teacher with many years of experience and more than 80 pupils a year. For more information contact Mr. Mönning at 0151-28 93 78 35 or [Moennig@schulschach-deutschland.de](mailto:Moennig@schulschach-deutschland.de)

## Special Needs - Lernförderung

**Bilingual Speech and Language Therapist / Zweisprachige Logopädin** offers assessment and therapy for German and English speaking children. If your child is experiencing speech or language difficul-

ties of any kind, e.g. with articulation, language and communication, resonance or fluency, contact [tanyalucas@web.de](mailto:tanyalucas@web.de) or 0177-421 28 98. More info at [www.speechandlanguage.de](http://www.speechandlanguage.de)

## Job Offers - Stellenangebote

**Wir suchen Pädagogische Fachkräfte**

**Hort (EFöB)** am Teltower Damm für 20-25 Stunden wöchentlich

**Kita Lucky Kids** in Nikolassee für 20-35 Stunden wöchentlich

**Integrationserzieher/in** in Teilzeit gesucht für unseren Hort (EFöB) am Teltower Damm

Weitere Informationen zu unseren Stellenausschreibungen finden Sie auch auf unserer Website unter:

<https://jfkc.org/de/stellenangebote/>

Bewerbungen bitte per e-mail an [info@jfkc.org](mailto:info@jfkc.org)

Wir freuen uns auf Ihre Bewerbung!

## Donations - Spenden

Bitte denken Sie daran, dass Sie gerade in der Weihnachtszeit bei **online-Einkäufen** die Kitas und den Hort mittels des **Fundraisingportals Bildungsspender** - für Sie völlig kostenfrei - unterstützen können.

<https://www.bildungsspender.de/luckykids>  
<https://www.bildungsspender.de/kitaamfichtenberg>  
<https://www.bildungsspender.de/jfkhort>

Ihre amazon-Einkäufe können Sie über **smile amazon** kostenfrei zu unserem Nutzen abwickeln. Das Friendship Center ist registriert und erhält für jeden Ihrer online-Einkäufe eine Spende – sofern Sie diesen Zugang nutzen: <https://smile.amazon.de/ch/27-636-50789>



**JFK Friendship Center e.V., Von-Luck-Str. 24, 14129 Berlin, Tel.: 818 40 00**

Bank f. Sozialwirtschaft, IBAN DE80 10020500 0003378100, BIC BFSWDE33BER

Yearly Membership fees 2018/2019: € 45,- per family; € 35,- per single person.

Die inhaltliche Verantwortung der Kurse obliegt den jeweiligen Lehrern/Referenten und repräsentiert nicht unbedingt die Meinung des Vereins.

Teachers are responsible for the content of their courses which does not necessarily reflect the opinion of the club.