



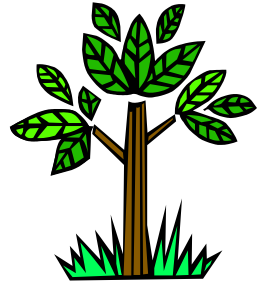
JFK FRIENDSHIP CENTER

Activities Program

September 2020

Dear Members,
liebe Mitglieder,

alle neuen **Mitglieder** möchten wir willkommen heißen und uns Ihnen hier mit unserem Programm kurz vorstellen und einige Infos geben.
Diejenigen, die schon etwas länger Mitglied bei uns sind, möchten wir nach der Sommerpause wieder begrüßen und Ihnen für die Treue zu uns danken.



We would like to welcome all new **members** and introduce our program.
We would also like to welcome back our abiding members, and thank you for your loyalty in these special times.

Aufgrund der gegenwärtigen, allgemein bekannten Situation **pausieren alle unsere Kurse bis auf Weiteres**.

Gerne können Sie sich bei den KursleiterInnen erkundigen, ob sie Alternativen in Form von online-Angeboten oder Kursen in anderen Institutionen anbieten.

Because of the wellknown situation **all of our courses had to stop** until further info.
If you are interested in courses, please contact the teachers and ask for offers online or in other institutions.

Wir werden unser Programm erst wieder **neu** auflegen, wenn die coronabedingten Hygiene- und Abstandsregeln vollständig aufgehoben sind.

We will **not renew** our program until the rules concerning corona are over.

The John F. Kennedy Friendship Center e.V.
Diverse, dynamic, distinct. Be a part of our unique community!
Tel.: 818 40 00, Fax 804 96 273
E-mail: info@jfkfc.org
www.jfkfc.org

Language Classes – Sprachunterricht

German for Foreigners

Fun course program for beginners and intermediate with a native speaker. Call or mail Marika Nehls 0176-80 19 71 05 or marikanehls@yahoo.de



Dance – Tanz

Ballet Classes

from Entrance class and up on Friday afternoons.

Please contact Kim Thompson at (030) 81 49 09 89 or tanz-zehlendorf@hotmail.com
www.tanz-zehlendorf.com

Line Dance

Come and join Michaela's line dance classes. It is a fun way to meet new people, learn choreographies and stay in shape. Line dance is usually practiced on modern country and western music, but also on today's pop music. Its steps are simple and don't involve dancing with a partner, so line dancing is also ideal for singles and non-dancers. Get your heels clicking and join the fun! Registration and info at michaelaslinedance@gmail.com or www.michaelas-linedance.de

Scottish Country Dancing

We do the traditional ceilidh and ball dances, the reels, jigs and strathspeys. Everyone is welcome. Bring soft shoes. Fridays 20:00-21:45 in the old gym of the Droste-Hülshoff-Schule, Schönower Str. 12. Call Angelika McLarren at 79 70 65 23 or mail to scdsberlin@gmail.com.
www.scds-berlin.de



Body and Health – Körper und Gesundheit

Yoga for Kids

Through fun-filled yoga poses, movement and breathing exercises, children will gain self-confidence, increased flexibility and body awareness. We will play games that encourage coordination, balance and strength. Yoga for kids will create good habits and a foundation for well-being, essential in today's hectic environment. Call Athanasia Tsavalas at 0176-57 41 22 33 or e-mail athanabanana@gmail.com

Yoga for Teens

A super fun Yoga class just for teens, focusing on happy minds, bodies, and attitudes. Yoga helps promote flexibility, strength and coordination while incorporating healthy activity into daily life. Come by for a trial lesson! For more details contact Athanasia Tsavalas at 0176-57 41 22 33 or e-mail athanabanana@gmail.com

Yoga for Adults

Improve your overall well-being, increase energy flow, strength and happiness, calm your mind, bring your awareness inward and find your breath with Sunrise Vinyasa Yoga Tuesdays, Wednesdays and Fridays at 8:30am in English at the Von-Luck Kita gym with Melissa Cattarius, certified Yoga instructor, melsgc@googlemail.com

Fitness

Join us for exercises in balance, strength training and flexibility! Thursday evening at Von-Luck-Straße Gym. Contact Trainer: Sonia Weese at 0179-397 49 73 or email: weese@buero-kult.de



Special Activities

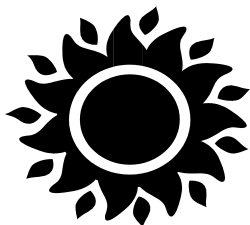
Robotics for kids - the exciting world of robots and coding. Robotics classes offered by Smart Kids Academy at JFKS. Based on LEGO Mindstorms robot kits, the classes promote computational thinking together with creative problem solving and teamworking skills. But most importantly: It is great fun to tinker with the LEGO parts, motors and sensors to find solutions to small challenges in the world of robots!

The classes take place on Tuesdays (JFKS Hort, 2.30 pm and 3.45 pm) and Wednesdays (Main school building, 2.15 pm and 3.30 pm). The ongoing format of the classes allows children to join anytime. For more information or registration please contact Dr. Alexander Graf (alex@smak-academy.de) or refer to www.smak-academy.de.

Positive Discipline Parent Workshops at JFKS

Discover how to effectively and respectfully guide your child to become more responsible, co-operative and empowered in the long term. In fun, experiential based workshops you'll have the opportunity to share specific challenges you are experiencing and explore lasting solutions. Leave encouraged, energized and equipped with the tools to handle even the difficult parenting challenges. More information at www.parentingtools.de

Guided City Tours in English or German
Sightseeing for new Berliners. Berlin and its history are best experienced by foot with a trained tour guide. Marika Nehl's tours cover all the main sites and are great fun. Book your tour now. Call 0176-80 19 71 05 or e-mail to marikanehls@yahoo.de



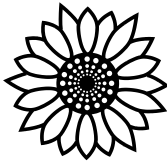
Special Needs - Lernförderung

Bilingual Speech and Language Therapist / Zweisprachige Logopädin offers assessment and therapy for German and English speaking children. If your child is experiencing speech or language difficul-

ties of any kind, e.g. with articulation, language and communication, resonance or fluency, contact tanyalucas@web.de or 0177-421 28 98. More info at www.speechandlanguage.de

Job Offers - Stellenangebote

Für unsere beiden Kitas suchen wir noch Pädagogische Fachkräfte mit 20 bis 35 Wochenstunden.



Informationen zu unseren Stellenausschreibungen finden Sie auf unserer Website unter:

<https://jfkfc.org/stellenangebote/>

Bewerbungen bitte per e-mail an info@jfkfc.org

Wir freuen uns auf Ihre Bewerbung!

Donations - Spenden

Bitte denken Sie bei **online-Einkäufen** daran, dass Sie die Kitas und den Hort mittels des **Fundraisingportals Bildungsspender** - für Sie völlig kostenfrei - unterstützen können.

<https://www.bildungsspender.de/luckykids>
<https://www.bildungsspender.de/kitaamfichtenberg>
<https://www.bildungsspender.de/jfkhort>

Ihre amazon-Einkäufe können Sie über **smile amazon** kostenfrei zu unserem Nutzen abwickeln. Das Friendship Center ist registriert und erhält für jeden Ihrer online-Einkäufe eine Spende – sofern Sie diesen Zugang nutzen: <https://smile.amazon.de/ch/27-636-50789>

JFK Friendship Center e.V., Von-Luck-Str. 24, 14129 Berlin, Tel.: 818 40 00

Bank f. Sozialwirtschaft, IBAN DE80 10020500 0003378100, BIC BFSWDE33BER

Yearly Membership fees 2020/2021: € 45,- per family; € 35,- per single person.

Die inhaltliche Verantwortung der Kurse obliegt den jeweiligen Lehrern/Referenten und repräsentiert nicht unbedingt die Meinung des Vereins.

Teachers are responsible for the content of their courses which does not necessarily reflect the opinion of the club.