



JFK FRIENDSHIP CENTER

Activities Program

September 2022

Dear Members,
liebe Mitglieder,

Wir werden unser Activities Programm künftig erst wieder **neu auflegen**, wenn wir über die derzeitigen Angebote hinaus weitere Kurse anbieten können. Für aktuelle Änderungen in unserem Angebot informieren Sie sich bitte über unsere Website.



We will **relaunch** our Activities Program once we can offer additional classes beyond those currently offered. For the latest changes, please check our website.

Donations - Spenden

Bitte denken Sie bei **online-Einkäufen** daran, dass Sie die Kitas und den Hort mittels des **Fundraisingportals Bildungsspender** - für Sie völlig kostenfrei - unterstützen können.

<https://www.bildungsspender.de/luckykids>
<https://www.bildungsspender.de/kitaamfichtenberg>
<https://www.bildungsspender.de/jfkhort>

Ihre amazon-Einkäufe können Sie über **smile amazon** kostenfrei zu unserem Nutzen abwickeln. Das Friendship Center ist registriert und erhält für jeden Ihrer online-Einkäufe eine Spende – sofern Sie diesen Zugang nutzen: <https://smile.amazon.de/ch/27-636-50789>

The John F. Kennedy Friendship Center e.V.
Diverse, dynamic, distinct. Be a part of our unique community!
Tel.: 818 40 00, Fax 804 96 273
E-mail: info@jfkfc.org
www.jfkfc.org

Kursprogramm

In Person Positive Discipline Parent Workshop

Learn effective tools to deal with every day parenting challenges. Discover how to respectfully guide your child (of any age) to become responsible, independent and co-operative in enjoyable hands-on-classes that will empower you and your child in the long term. All parents welcome. More info at www.parentingtools.de.

8:15 a.m. – 10:30 a.m. Friday Mornings, probably 30.09.-25.11.

At JFK Friendship Center, Teltower Damm

Ballet Classes

Maggie Towe is looking forward to seeing the ballet children again.

Provisionally, the classes will be available only to Entrance class, and grades 1 & 2, Fridays after school in the Reha Gym.

Please contact phone 0176 7471 4093 or e-mail tanz-zehlendorf@hotmail.com for more details and to book your trial class.

www.tanz-zehlendorf.com

Yoga for Adults

Improve your overall well-being, increase energy flow, strength and happiness, calm your mind, bring your awareness inward and find your breath with Sunrise Vinyasa Yoga Fridays at 8:30am in English at the Von-Luck Kita gym with Melissa Cattarius, certified Yoga instructor,

melsgc@googlemail.com

Scottish Country Dancing

We do the traditional ceilidh and ball dances, the reels, jigs and strathspeys. Everyone is welcome. Bring soft shoes. Fridays 20:00-21:45 in the old gym of the Droste-Hülshoff-Schule, Schönower Str. 12. Call Angelika McLarren at 79 70 65 23 or mail to scdsberlin@gmail.com.

www.scds-berlin.de

Line Dance

Come and join Michaela's line dance classes. It is a fun way to meet new people, learn choreographies and stay in shape.

Line dance is usually practiced on modern country and western music, but also on today's pop music. Its steps are simple and don't involve dancing with a partner, so line dancing is also ideal for singles and non-dancers. Get your heels clicking and join the fun! Registration and info at

michaelaslinedance@gmail.com or

www.michaelas-linedance.de

Fun with violin through ensemble

Do you have basic violin skills and enjoy playing music together with others? Then come join the Golden Strings Group on Wednesday afternoons, 15:05-15:50 in G102, JFK School. We will work on pieces both from the Suzuki Repertoire and other materials while improving our note reading and ensemble skills. This class is open to young JFKFC members between 2-4 grades. Please contact Lisa Stobbe-May at lisastobbemay@gmail.com for more info

**JFK Friendship Center e.V., Von-Luck-Str. 24,
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Bank f. Sozialwirtschaft, IBAN DE80 10020500 0003378100, BIC BFSWDE33BER

Yearly Membership fees 2022/2023: € 45,- per family; € 35,- per single person.

Die inhaltliche Verantwortung der Kurse obliegt den jeweiligen Lehrern/Referenten und repräsentiert nicht unbedingt die Meinung des Vereins.

Teachers are responsible for the content of their courses which does not necessarily reflect the opinion of the club.