



JFK FRIENDSHIP CENTER

# Activities Program

June/July 2023

Dear Members,  
liebe Mitglieder,

Wir **legen** unser Activities Programm erst wieder **neu auf**, wenn wir über die jetzigen Angebote hinaus weitere Kurse anbieten können. Für aktuelle Änderungen in unserem Angebot informieren Sie sich bitte über unsere Website. We'll **relaunch** our Activities Program once we can offer additional classes beyond those currently offered. For the latest changes, please check our website.



Bei der jährlichen Mitgliederversammlung im Mai wurde der „alte“ **Vorstand** wiedergewählt, sodass es keine Veränderungen in der Zusammensetzung des Vorstandes gibt. Herzlichen Glückwunsch!  
The „old“ **Board Members** were reelected at the general membership meeting in May. Congratulations!

Kleine Erinnerung: Unsere **Kurse** stehen nur **unseren Mitgliedern** offen.  
Please note that **only members** of the JFK FC can join our courses.

Herzliche Einladung zu unserer „**End of School Year Party**“ am Teltower Damm 99 auf dem Hortgelände am **Samstag, 24.Juni, 14:00-17:00**.  
We are happy to invite you to our **End of School Party** at the Hort at Teltower Damm 99 on **Saturday, June 24, 14:00-17:00**.

Ebenso laden wir schon jetzt zu unserer **Back to School Party** am **Samstag, 9. September, 15:00-18:00** auf dem Gelände der Kita Am Fichtenberg ein.  
Also, we would already like to invite you to our **Back to School Party** on **Saturday, September 9, 15:00-18:00**.

## Donations - Spenden

Bitte denken Sie bei **online-Einkäufen** daran, dass Sie die Kitas und den Hort mittels des **Fundraisingportals Bildungsspender** - für Sie völlig kostenfrei - unterstützen können.

<https://www.bildungsspender.de/luckykids>  
<https://www.bildungsspender.de/kitaamfichtenberg>  
<https://www.bildungsspender.de/jfkhort>

**The John F. Kennedy Friendship Center e.V.**  
**Diverse, dynamic, distinct. Be a part of our unique community!**  
Tel.: 818 40 00, [info@jfkfc.org](mailto:info@jfkfc.org), [www.jfkfc.org](http://www.jfkfc.org)

# Kursprogramm

## Ballet Classes

Maggie Towe is looking forward to seeing the ballet children again.

The classes are available to Entrance class, and grades 1 & 2,

Fridays after school in the Reha Gym.

Please contact phone 0176 7471 4093 or e-mail [info@tanz-zehlendorf.de](mailto:info@tanz-zehlendorf.de)

for more details and to book your trial class. [www.tanz-zehlendorf.com](http://www.tanz-zehlendorf.com)

## Yoga for Adults

Improve your overall well-being, increase energy flow, strength and happiness, calm your mind, bring your awareness inward and find your breath with Sunrise Vinyasa Yoga Fridays at 8:30 a.m. in English at the Von-Luck Kita gym with Melissa Cattarius, certified Yoga instructor,

[melsqc@googlemail.com](mailto:melsqc@googlemail.com)

## Yoga for Kids

Through fun-filled yoga poses, movement and breathing exercises, children will gain self-confidence, increased flexibility and body awareness. We will play games that encourage coordination, balance and strength. Yoga for kids will create good habits and a foundation for well-being, essential in today's hectic environment. Call Athanasia Tsavalas at 0176-57 41 22 33 or e-mail [athanabanana@gmail.com](mailto:athanabanana@gmail.com)

## Scottish Country Dancing

We do the traditional ceilidh and ball dances, the reels, jigs and strathspeys.

Everyone is welcome. Bring soft shoes.

Fridays 20:00-21:45 in the old gym of the Droste-Hülshoff-Schule, Schönower Str. 12.

Call Angelika McLarren at 79 70 65 23 or mail to [scdsberlin@gmail.com](mailto:scdsberlin@gmail.com).

[www.scds-berlin.de](http://www.scds-berlin.de)

## Line Dance

Come and join Michaela's line dance classes. It is a fun way to meet new people, learn choreographies and stay in shape.

Line dance is usually practiced on modern country and western music, but also on today's pop music. Its steps are simple and don't involve dancing with a partner, so line dancing is also ideal for singles and non-dancers. Get your heels clicking and join the fun! Registration and info at

[michaelaslinedance@gmail.com](mailto:michaelaslinedance@gmail.com) or

[www.michaelas-linedance.de](http://www.michaelas-linedance.de)

## Fun with violin through ensemble

Do you have basic violin skills and enjoy playing music together with others? Then come join the Golden Strings Group on Wednesday afternoons, 15:05-15:50 in G102, JFK School. We will work on pieces both from the Suzuki Repertoire and other materials while improving our note reading and ensemble skills. This class is open to young JFKFC members between grades 2-4. Please contact Lisa Stobbe-May at [lisastobbemay@gmail.com](mailto:lisastobbemay@gmail.com) for more info

**JFK Friendship Center e.V., Von-Luck-Str. 24,  
14129 Berlin, Tel.: 818 40 00**

Bank f. Sozialwirtschaft, IBAN DE84 3702 0500 0003 3781 00, BIC BFSWDE33XXX

Yearly Membership fees 2022/2023: € 45,- per family; € 35,- per single person.

Die inhaltliche Verantwortung der Kurse obliegt den jeweiligen Lehrern/Referenten und repräsentiert nicht unbedingt die Meinung des Vereins.

Teachers are responsible for the content of their courses which does not necessarily reflect the opinion of the club.